



3K WALK & 5K RUN

SATURDAY, JANUARY 7, 2017

8:00 AM REGISTRATION

8:45 AM RACE

LASTS UNTIL 11 AM

TALLAHASSEE MEMORIAL CANCER CENTER
1775 ONE HEALING PLACE, TALLAHASSEE, FL

Register online at TMH.org/Challenge

- Getting You Active
- Helping You Be Mindful
- Teaching You To Eat Well
- Keeping You Healthy

GET YOUR PRESCRIPTION FOR LIFE.

Enjoy complimentary health screenings, activities for kids and collect fun information about how to be a healthier YOU in 2017 and beyond!

